

Happy Sunday friends! Theresa here with our Confirmation lesson for today.

Today we're studying the Commandment from Exodus 20:13 "You shall not murder." This sounds pretty cut & dry, right? Don't kill. But what does this mean in a world where people "kill" each other with nasty looks, horrible language, & actions? What does it mean in a world where corporations pollute oceans, rivers, & forests to make a buck? Where children, elderly can be mistreated? We are **COMMANDED** not to harm others in any way-we are supposed to help those in need. So...what is "murder?" Use your Googler to look up the actual definition:) Consider that there are different ways of "killing" people. Emotional: with words, gossip, put-downs, neglect, ignoring someone, bullying; Physical: beating someone up, bullying, rape; Spiritual: skipping church/worship, neglecting prayer.

I know we've talked alot about bullying throughout our time together & the damaging effects of it. Reflect on how our lessons on bullying relates to this commandment. We've also talked about your video games...how many of your video games glorify killing in some way? So...your question of the week: What if your best friend comes to you in tears. She is afraid of her father's angry outbursts. She confides in you that he has just bought a gun & is threatening her mother. What do you do? What do you say?

Know I miss all of you & hope you are all staying healthy!! May God bless you & keep you!